

FBISD SHAC 2023-2024

April 10, 2024 Meeting Agenda

Theme: Celebrating The Joy of Physical Activity

- I. Welcome & Mindful Moment – Allison Thummel, SHAC Chair** **(Time 12:00-12:05)**

- II. Presentations and Brain Break** **(Time: 12:05-1:00 pm)**
 - A. Physical Activity Promotion in Schools: Providing More Than Just Health Benefits,**
Derek Craig, PhD, Postdoctoral Research Fellow, Timothy Walker, PhD Associate Professor,
UTHealth Houston 25 min
 - B. ABL in FBISD, John Needem, Steven Buckley, Tracy Johnson, Ashley East, FBISD ABL Teachers** 25 min
 - C. Brain Break, Paresh CI, Naomi K. District Student Wellness Coalition Members** 5 min

- III. Administration** **(Time: 1:00-1:30 pm)**
 - A. 2024-2025 SHAC Update, Allison Thummel** 5 min
 - B. 2024-2026 SHAC Executive Nominations- Jenna Ross, SHAC Secretary** 5 min
 - C. Civic Engagement Announcements,**
Chassidy Olainu-Alade, Coordinator Community and Civic Engagement- Communications 15 mi
 - D. Past Events & Upcoming Events- LaDonna Green, Wellness, Health & Prevention Specialist** 5 min

- IV. Meeting in Closed Session** **(Time: 1:30-1:45 pm)**
Breakout

- V. Meeting Closure-Allison Thummel** **(Time: 1:45 pm)**